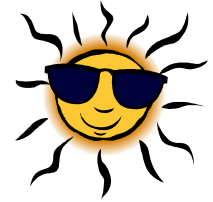


City of Carroll Iowa
Volume 3, Issue 6
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City of *Carroll*



Revised Shelter House Renting Procedure *****Revised Renting Procedure is effective for the 2010 rental year.**

Revised- Renting of Shelter Houses may be done 1 calendar year in advance, starting on Monday, June 1, 2009.

Revised- If you want to rent a shelter house in which the date falls on a weekend of the next year, you will need to make the reservation on the following Monday.

Revised- Rent and deposit **PAYMENTS ARE** required at the time of making the reservation. If the reservation is made from out of town/state the payment **must be received within 10 days of the reservation being made.**

Revised- The rental fee is nonrefundable but may be used towards another date within a one-year period in the event you need to cancel within 2 weeks of your reservation. If you cancel less than 2 weeks, no credit will be given unless there is an emergency.

Other Enclosed Shelter House Information:

Hours - Park hours are from 6:00am-12:00midnight.

Shelterhouse hours are 8:00am-12:00midnight. You have the shelterhouse for the day you rent it only. You may not put items in the shelterhouse the night before (unless you have paid to rent it for two days). After 8:00am is when you can start going into the shelterhouse and you should have all your things with you when you leave (or by 12:00midnight which is closing time). It won't work to come back the next day for your things as that day's renter has the shelterhouse starting at 8:00am. The parks staff people try to check on the shelterhouses by around 7:00am for the next renter.

Alcohol - Alcoholic beverages are allowed in the city parks.

Garage Sales - Garage sales are not permitted in open shelterhouses. Garage sales are allowed in an enclosed shelterhouse, Southside or Graham, Monday through Friday only. If a renter has empty boxes from their garage sale, those boxes should be taken away at the end of the day by the renter.

Key - A shelterhouse key may be picked up 2-3 days in advance of your rental date. The key needs to be returned by Monday or Tuesday if used on a weekend. If rented on a weekday, the key needs to be returned in 1-2 days after the rented day.

Cleaning - The renter is expected to sweep the floor and to wipe the tables clean. Brooms and dust pans are available at the shelterhouse. Garbage cans are available for the renter to leave their garbage at the shelterhouse. Plastic liners are not expected inside these garbage cans. If there is excess garbage, it can be left near the garbage cans in your own plastic liners.

All Shelter House rentals are made through the Rec Center Office, Monday-Friday, 8am-5pm.

The office is CLOSED on Saturdays and Sundays.



**Youth
Theater
Presents**

"The Little Mermaid"

Productions:

Thurs. June 25th at 7:30 p.m.

Sat. June 27th at 7:30 p.m.

Sun. June 28th at 2:00 p.m.

Tickets for all performances will be sold at the door (no tickets will be sold in advance)

Ticket cost:

\$2.00 for all ages.

Director:

Scott Cullen

Assistant Director:

Matthew McCarty

Weather Announcement Phone Number

When the weather is questionable and you are not by a radio, call **712-792-3472**. You will hear a recording on the status of the games or activities that you or your child is involved in.

This service is provided by:



Adult Flag Football League

Adults 18 and older and out of high school. Sign up now to for a friendly game of Flag Football. Compete like you did in those high school days! Teams must consist of 10 players. Games will be played on the City Softball Fields on Wednesday and possibly Monday nights. Games will be officiated by other teams that are not playing that night. **Registration will start on Monday June 1st and the REGISTRATION DEADLINE IS FRIDAY AUG. 7!!!**

Date/Time:

Games are scheduled Sept-Oct. Wednesday and possibly Monday nights

Registration:

Mon June 1-Fri Aug. 7

Location:

City Softball Fields

Fee:

\$75.00 per/team

Notice:

Registrants will be charged a \$75 late fee after Aug. 7.

Guardstart: Lifeguarding Tomorrow

The American Red Cross **GuardStart: Lifeguarding Tomorrow** is designed to prepare 11-14 year olds to take Red cross Lifeguarding certification programs and for future work as lifeguards. The GuardStart program helps participants build a foundation of knowledge, attitudes and skills that they will need to be responsible lifeguards. Lessons are grouped into five main areas: prevention, fitness, response, leadership and professionalism.

Ages: 11-14 year olds

Date/Time: July 14-16
9am-11am

Location: Rec Center/Swimming pool

Instructor: Marci Hinners

Class size: Min. of 6/ Max. of 12
Registration deadline: Friday, July 10, 2009

Fee:

Payable to Carroll Rec Center
\$21/member \$26.00/nonmember

PARKS & RECREATION

Adult Programs

The Great Rec Center Fitness Challenge

You will have from June 1st till Labor Day (September 7th) to get across Iowa on Highway 30. You have two options you can either Run/Walk or Bike It. For those looking to go for a swim we are offering the Raccoon River Challenge. For this you won't actually have to swim the Raccoon River just the distance it travels through Carroll County. New this year we are offering a rowing challenge. You can use one of our new rowing machines located in the upstairs of the weight room.

Highway 30 Run/Walk- 316 miles
Highway 30 Bike- 316 miles
Raccoon River Challenge-10.5 miles
Rowing Down The River- 16898 meters

"Summer Special" Indoor Cycling Class

Are you looking for a worry-free environment where there are no traffic lights, cars or potholes and the weather is always perfect. Then the ideal class for you is Indoor Cycling. Come and try it, the first class is always free! Indoor Cycling is a great place to socialize, meet old friends and make new!

When: Month of June on Tues/Thurs

Time: 5:30-6:30pm

Fee: \$35 Member/\$55 Non-Member

Instructor: Christina Tait (NETA, SPINNING®, Cycle Reebok, YMCA-PT, MA)

Call the Rec Center office for availability 712-792-5400.

Infant/Toddler Swim Lessons

The purpose of this class is to develop a high comfort level in and around the water and to develop a readiness to swim for infants and toddlers 6-36 months old. A parent or adult is required in the water with the infant. A qualified instructor will be present.

Ages: 6 months-3 year olds, with an adult.

Date/Time: Session of M, W, Fri.
July 20-31 5:30-6:00pm

Location: Rec Center/Swimming pool

Instructor: TBA

Class size: Min. of 6/ Max. of 12

Registration

deadline: Thurs., July 16, 09

Fee: Payable to Carroll Rec Center

\$19.00/member/session

\$25.00/non-member/session

Stop in at the Rec Center office to see what is available for Summer Swim Lessons!!

Summer Swim Lessons:

Session 1: M-F June 15-26, 2009

Session 2: M-F July 6-17, 2009

Each session lasts two weeks. When registering, please fill in 2 choices, starting with your 1st choice, then your 2nd choice (in case the 1st choice class is full) as shown on the registration form. Then turn the registration form into the office, Mon-Fri. 8am-5pm.

Upcoming Youth Programs

Father/Child Golf Outing

This 9-hole event is a great way for Dad to spend his special day. **Call the Golf Course at 792-9190 to get a tee time** for your group-- **ONLY** foursomes will be taken. Father/child each golf their own game, we then combine the two scores for the total. This special event fills up fast, so call early to get your tee time.

Date/Time: Sunday, June 21 Tee times taken until Noon

Ages: 8 years & under, 9-10, 11-12, 13-14, 15-17, 18-25, 25 & up

Location: Carroll Municipal Golf Course **FEE:** \$10.00/per team of two

Sports Week

Youth having completed grades Opt. K-2. Hey all you sports nuts, this week is for you! Each day of the week we will be doing different activities involving a different sport. Lots of activities, lots of FUN! **Forms at Rec Center, please pre register by Friday, July 17.**

Date/Time: Opt. K. & Kindergarten Mon.-Fri. July 20-24 10:00-10:45

1st & 2nd Grade Mon.-Fri. July 27-31 10:00-10:45

Ages: Opt. K-2nd Grade **Location:** Carroll Rec Center **FEE:** \$12.00

Fall Soccer League

Youth-5 year olds-2nd grade. Soccer registration begins Monday, May 4 and ends Friday, August 7. We will offer 2 leagues: 5 year olds who have not been to kindergarten-kindergarten age kids and 1st -2nd grade. Registration forms will be available at the Rec Center.

Girls and boys will be in separate leagues unless we do not get enough for separate leagues

Date: Games will be played on Mon. and Tue. evenings.

Registration: Monday, May 4-Friday, August 7 **FEE:** \$20.00

Youth Flag Football League

Youth in grades 3-6. Special registration forms will be available at the Rec Center beginning Monday, May 4 and the **REGISTRATION DEADLINE IS FRIDAY AUGUST 7!!** We offer two leagues: 3rd-4th grade and 5th-6th grade.

Date/Time: Games scheduled Sept-Oct. T, TH evenings & Sun afternoons

Registration: Mon, May 4-Friday, Aug. 7 **FEE:** \$20.00

5th and 6th Grade Volleyball League

Youth in grades 5-6. All participants will be placed on teams and coached by volunteers. Teams will practice during the week and games will be played on Saturdays. Pre-registration is required, **registration deadline is Friday, Aug. 7th. (There is a \$10 Late Fee)**

Registration: Monday, May 4-Friday, Aug. 7th

Games: Weekday & Saturdays, August, September and October **Location:** Games played at Carroll Middle & High School
Fee: \$20.00